Transportation • **C**ommunications • International **U**nion

Los Angeles County Metropolitan Transportation Authority
Health & Welfare Trust Fund

Administered By: Benefit Programs Administration
Telephone • (562) 463-5090 • (800) 427-5342
www.tcu-mtawelfare.org

October 2026

To: Eligible Participants Enrolled in the Transportation Communications International Union – Los Angeles County Metropolitan Transportation Authority Health & Welfare Trust Fund

From: The Board of Trustees

Re: Summary of Material Modification (SMM) – Discontinuation of Anthem Employee Assistance Program (EAP) Coverage

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Dear Eligible Participant,

Why am I receiving this Notice?

This notice is to inform you of a change to the benefits provided under the Transportation Communications International Union – Los Angeles County Metropolitan Transportation Authority Health & Welfare Trust Fund.

How does this Notice Affect Me?

Discontinuation of Anthem Employee Assistance Program (EAP) Coverage

Effective **November 1**, **2026**, the Trust Fund will discontinue coverage under the **Anthem Employee Assistance Program (EAP)**.

As a result, Anthem EAP services will no longer be available to eligible participants and their covered dependents for services received on or after **November 1, 2026**.

The Anthem EAP previously provided certain confidential counseling, referral, and support services for personal, family, emotional, financial, legal, and work-life issues.

What do I need to do?

No action is required at this time.

Participants who are currently receiving services through the Anthem EAP may wish to contact Anthem prior to November 1, 2026, regarding any ongoing counseling or referral services.

Where to go with Questions

Questions regarding any of these changes can be directed to the Administrative Office at (800) 427-5342 or (562) 463-5090.

Please keep this important notice with your Summary Plan Description (SPD) for future reference.

Sincerely

The Board of Trustees